

Highgate Naturals

KEY INGREDIENTS



ABOUT

The Highgate Naturals journey began in 2015 when I started the process of switching from conventionally-made skincare to all-natural alternatives. I discovered that not all products are created equal, and that to get quality would cost more than I'd anticipated. After looking at the ingredients that made up the most costly item, my face oil, I realized that I might be able to make something similar myself, at a fraction of the cost. After some research, plenty of trial and error, and lots of modifications along the way, my Lavender & Neroli Face Oil was born. Within a short period of time I was hooked on making things myself. This process of discovery continued with my Rose Petal Toner, Bath Salts, and Honey Brown Sugar Body Scrub.

My goal with Highgate Naturals is to create products with simple and effective natural ingredients. I believe natural skincare does not have to be a luxury.

You can rest assured that every Highgate Naturals product is cruelty free. I test on willing friends and family, never on animals.

Claudia Durocher

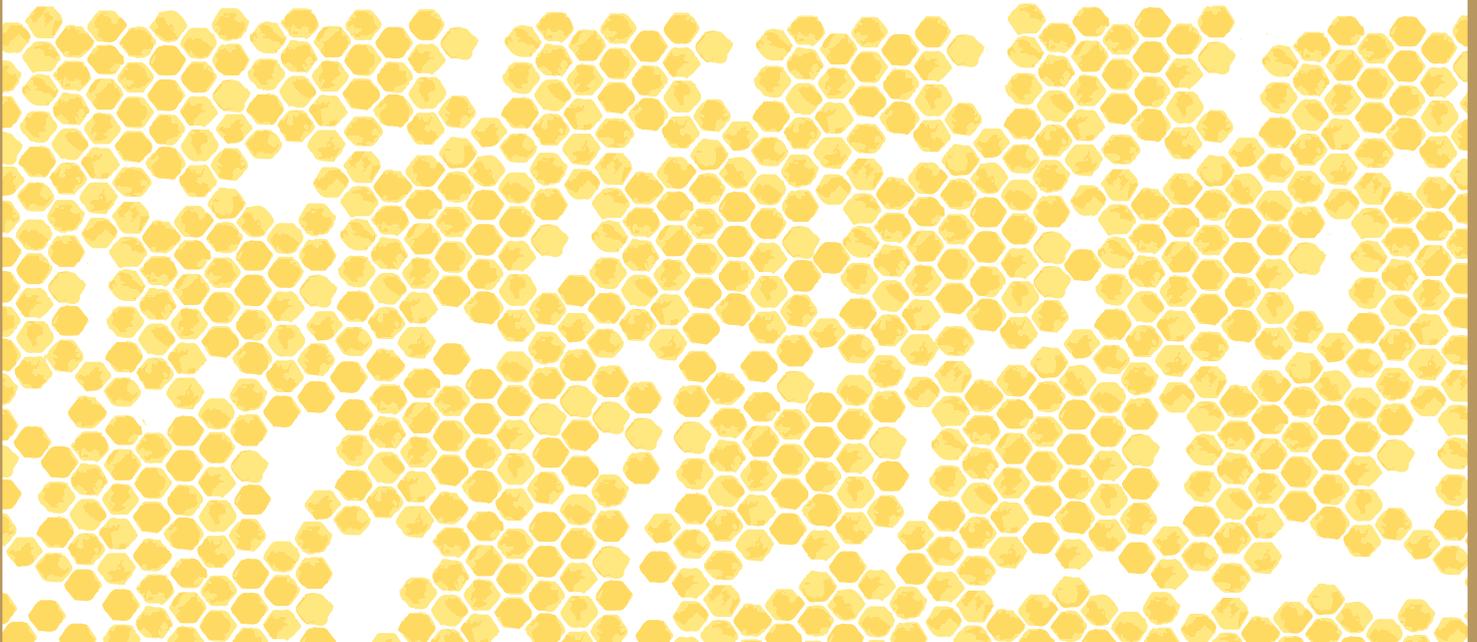
Founder

[ETSY.CA/HIGHGATENATURALS](https://www.etsy.com/shop/HighgateNaturals)

HONEY

Honey has been used in skincare for thousands of years, due to its antioxidant and antimicrobial properties, which aid in slowing down signs of aging. In addition it has a unique ability to act as a humectant, meaning it seals in moisture.

Top it all off with a sweet smell, and it is not hard to understand why it is a key ingredient in the Honey Brown Sugar Body Scrub.



ROSE

Rose is one of the most popular skincare ingredients for many reasons. The petals and essential oil are rich in antioxidants, which help to balance skin, and reduce fine lines.

Its aromatherapeutic benefits include reducing levels of adrenaline in the body, and aid in combating stress, anxiety, insomnia and inflammation.

Witch hazel is infused with rose petals, to make up the Rose Petal Toner.



LAVENDER

Lavender has been the most used essential oils in the world for over 2500 years, due to its soothing scent, and powerhouse capabilities when it comes to nourishing the skin. It possesses both antibacterial and skin-soothing properties, making it an aid to oily, acne-prone, and sensitive skin types.

In addition to its spicy floral scent which many enjoy, it has a calming and relaxing effect on the nervous system. This makes lavender helpful in reducing stress and promoting sleep.

There are over 30 species of lavender grown worldwide today, some of which can be unsuitable for the sensitive skin of the face. I source only the finest quality lavender essential oil, made from steam-distilled fresh lavender flowers.

Lavender essential oil is a key ingredient in both my Lavender Neroli Face Oil and Low-key Lavender Bath Salts.

